

Prueba 20  
21/02/2026

Fem., 400m Estilos

Absoluto femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN				Tiempo				INF	JUN	ABS	AQUA
Infantil Femenino												
1.	JOVER RODRIGUEZ, Ana	11	C.N. Metropole	<b>5:32.02</b>	19,00	-	14,00	504				
	100m: 1:18.26 1:18.26	200m: 2:45.88 1:27.62	300m: 4:18.68 1:32.80	400m: 5:32.02 1:13.34								
2.	SOCAS REYES, Ariadna	11	C.N. Teneteide	<b>5:32.87</b>	16,00	-	12,00	501				
	100m: 1:19.07 1:19.07	200m: 2:47.20 1:28.13	300m: 4:17.23 1:30.03	400m: 5:32.87 1:15.64								
3.	BATISTA RIOS, Marta	11	C.N. Metropole	<b>5:36.08</b>	14,00	-	11,00	486				
	100m: 1:16.88 1:16.88	200m: 2:39.54 1:22.66	300m: 4:20.56 1:41.02	400m: 5:36.08 1:15.52								
4.	MOURE GAO, Natalia	11	C.N. Los Cristianos	<b>5:47.76</b>	13,00	-	8,00	439				
	100m: 1:19.00 1:19.00	200m: 2:47.82 1:28.82	300m: 4:29.93 1:42.11	400m: 5:47.76 1:17.83								
5.	MARTIN PERAZA, Martina	12	C.D.N. Nadamas Santa Ros	<b>5:49.24</b>	12,00	-	7,00	433				
	100m: 1:19.12 1:19.12	200m: 2:49.89 1:30.77	300m: 4:27.36 1:37.47	400m: 5:49.24 1:21.88								
6.	PERERA SOSA, Zayra	12	C.N. Aguacan	<b>6:00.71</b>	11,00	-	6,00	393				
	100m: 1:18.29 1:18.29	200m: 2:54.29 1:36.00	300m: 4:41.23 1:46.94	400m: 6:00.71 1:19.48								
7.	RUIZ REYES, Carla	12	C.N. Las Palmas	<b>6:00.99</b>	10,00	-	-	392				
	100m: 1:24.86 1:24.86	200m: 2:55.56 1:30.70	300m: 4:45.01 1:49.45	400m: 6:00.99 1:15.98								
8.	DIAZ ALVAREZ, Valeria	12	C.N. Martianez Coral Hotels	<b>6:01.70</b>	9,00	-	5,00	390				
	100m: 1:25.83 1:25.83	200m: 3:02.33 1:36.50	300m: 4:42.95 1:40.62	400m: 6:01.70 1:18.75								
9.	MARTIN PERAZA, Jimena	12	C.D.N. Nadamas Santa Ros	<b>6:06.10</b>	8,00	-	4,00	376				
	100m: 1:26.75 1:26.75	200m: 3:05.65 1:38.90	300m: 4:44.17 1:38.52	400m: 6:06.10 1:21.93								
10.	CASTILLO QUINTERO, Jenny Mariana	11	C.N. Las Palmas	<b>6:10.50</b>	7,00	-	-	363				
	100m: 1:20.32 1:20.32	200m: 2:57.73 1:37.41	300m: 4:52.57 1:54.84	400m: 6:10.50 1:17.93								

#### Junior Femenino

1.	FUENTES MONTES, Amaya	08	C.N. Las Palmas	5:29.03	-	19,00	-	518
	100m: 1:11.64 1:11.64	200m: 2:42.23	1:30.59 300m: 4:15.84	1:33.61 400m: 5:29.03	1:13.19			
2.	DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella	5:32.23	-	16,00	13,00	503
	100m: 1:14.96 1:14.96	200m: 2:43.65	1:28.69 300m: 4:19.26	1:35.61 400m: 5:32.23	1:12.97			
3.	SARMIENTO NARANJO, Carla	09	C.N. Villa De Agüimes 2016	5:43.70	-	14,00	10,00	455
	100m: 1:16.83 1:16.83	200m: 2:46.66	1:29.83 300m: 4:26.84	1:40.18 400m: 5:43.70	1:16.86			
4.	SCARPA, Barbara	08	C.N. Martianez Coral Hotels	5:44.22	-	13,00	9,00	453
	100m: 1:16.57 1:16.57	200m: 2:47.69	1:31.12 300m: 4:29.62	1:41.93 400m: 5:44.22	1:14.60			
5.	NUEZ HERNANDEZ, Lucia	10	C.N. Las Palmas	6:00.67	-	12,00	-	393
	100m: 1:19.81 1:19.81	200m: 2:57.76	1:37.95 300m: 4:40.84	1:43.08 400m: 6:00.67	1:19.83			
6.	ALAMO MATOS, Ariadna	09	C.N. Carucagua	6:07.51	-	11,00	3,00	372
	100m: 1:25.75 1:25.75	200m: 2:55.54	1:29.79 300m: 4:47.62	1:52.08 400m: 6:07.51	1:19.89			
7.	BRITO SANCHEZ, Maria	08	C.D. Tenis Valle De Aridane	6:09.04	-	10,00	2,00	367
	100m: 1:27.18 1:27.18	200m: 3:04.28	1:37.10 300m: 4:47.19	1:42.91 400m: 6:09.04	1:21.85			
8.	PEREZ CERVILLA, Carla	09	C.D. Nonadamos	6:09.49	-	9,00	1,00	366
	100m: 1:29.64 1:29.64	200m: 2:59.65	1:30.01 300m: 4:46.93	1:47.28 400m: 6:09.49	1:22.56			
9.	CEDRES ESPINOSA, Martina	09	Esna Lanzarote	6:20.14	-	8,00	-	336
	100m: 1:25.90 1:25.90	200m: 3:03.43	1:37.53 300m: 4:54.89	1:51.46 400m: 6:20.14	1:25.25			
NP	HERNANDEZ MARTIN, Carla	08	C.N. Teneteide		-	-	-	
Baja	CARDABA CASANOVA, Laura	10	C.N. Las Palmas		-	-	-	
Baja	PIÑERO STEGENSEK, Elisa	08	C.B. Dominicas Vistabella		-	-	-	

Prueba 20, Fem., 400m Estilos

Absoluto femenino

1.	DENBY, Kennedy Hope	05	C.N. Las Palmas	<b>5:13.18</b>	-	-	19,00	601
	100m: 1:08.63 1:08.63	200m: 2:32.47 1:23.84	300m: 4:01.52 1:29.05	400m: 5:13.18 1:11.66				
2.	HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	<b>5:25.77</b>	-	-	16,00	534
	100m: 1:11.23 1:11.23	200m: 2:31.46 1:20.23	300m: 4:07.82 1:36.36	400m: 5:25.77 1:17.95				
3.	FUENTES MONTES, Amaya	08	C.N. Las Palmas	<b>5:29.03</b>	-	19,00	-	518
	100m: 1:11.64 1:11.64	200m: 2:42.23 1:30.59	300m: 4:15.84 1:33.61	400m: 5:29.03 1:13.19				
4.	JOVER RODRIGUEZ, Ana	11	C.N. Metropole	<b>5:32.02</b>	19,00	-	14,00	504
	100m: 1:18.26 1:18.26	200m: 2:45.88 1:27.62	300m: 4:18.68 1:32.80	400m: 5:32.02 1:13.34				
5.	DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella	<b>5:32.23</b>	-	16,00	13,00	503
	100m: 1:14.96 1:14.96	200m: 2:43.65 1:28.69	300m: 4:19.26 1:35.61	400m: 5:32.23 1:12.97				
6.	SOCAS REYES, Ariadna	11	C.N. Teneteide	<b>5:32.87</b>	16,00	-	12,00	501
	100m: 1:19.07 1:19.07	200m: 2:47.20 1:28.13	300m: 4:17.23 1:30.03	400m: 5:32.87 1:15.64				
7.	BATISTA RIOS, Marta	11	C.N. Metropole	<b>5:36.08</b>	14,00	-	11,00	486
	100m: 1:16.88 1:16.88	200m: 2:39.54 1:22.66	300m: 4:20.56 1:41.02	400m: 5:36.08 1:15.52				
8.	SARMIENTO NARANJO, Carla	09	C.N. Villa De Agüimes	<b>5:43.70</b>	-	14,00	10,00	455
	100m: 1:16.83 1:16.83	200m: 2:46.66 1:29.83	300m: 4:26.84 1:40.18	400m: 5:43.70 1:16.86				
9.	SCARPA, Barbara	08	C.N. Martianez Coral Hotels	<b>5:44.22</b>	-	13,00	9,00	453
	100m: 1:16.57 1:16.57	200m: 2:47.69 1:31.12	300m: 4:29.62 1:41.93	400m: 5:44.22 1:14.60				
10.	MOURE GAO, Natalia	11	C.N. Los Cristianos	<b>5:47.76</b>	13,00	-	8,00	439
	100m: 1:19.00 1:19.00	200m: 2:47.82 1:28.82	300m: 4:29.93 1:42.11	400m: 5:47.76 1:17.83				
11.	MARTIN PERAZA, Martina	12	C.D.N. Nadamas Santa Rosa	<b>5:49.24</b>	12,00	-	7,00	433
	100m: 1:19.12 1:19.12	200m: 2:49.89 1:30.77	300m: 4:27.36 1:37.47	400m: 5:49.24 1:21.88				
12.	NUEZ HERNANDEZ, Lucia	10	C.N. Las Palmas	<b>6:00.67</b>	-	12,00	-	393
	100m: 1:19.81 1:19.81	200m: 2:57.76 1:37.95	300m: 4:40.84 1:43.08	400m: 6:00.67 1:19.83				
13.	PERERA SOSA, Zayra	12	C.N. Aguacan	<b>6:00.71</b>	11,00	-	6,00	393
	100m: 1:18.29 1:18.29	200m: 2:54.29 1:36.00	300m: 4:41.23 1:46.94	400m: 6:00.71 1:19.48				
14.	RUIZ REYES, Carla	12	C.N. Las Palmas	<b>6:00.99</b>	10,00	-	-	392
	100m: 1:24.86 1:24.86	200m: 2:55.56 1:30.70	300m: 4:45.01 1:49.45	400m: 6:00.99 1:15.98				
15.	DIAZ ALVAREZ, Valeria	12	C.N. Martianez Coral Hotels	<b>6:01.70</b>	9,00	-	5,00	390
	100m: 1:25.83 1:25.83	200m: 3:02.33 1:36.50	300m: 4:42.95 1:40.62	400m: 6:01.70 1:18.75				
16.	MARTIN PERAZA, Jimena	12	C.D.N. Nadamas Santa Rosa	<b>6:06.10</b>	8,00	-	4,00	376
	100m: 1:26.75 1:26.75	200m: 3:05.65 1:38.90	300m: 4:44.17 1:38.52	400m: 6:06.10 1:21.93				
17.	ALAMO MATOS, Ariadna	09	C.N. Carucagua	<b>6:07.51</b>	-	11,00	3,00	372
	100m: 1:25.75 1:25.75	200m: 2:55.54 1:29.79	300m: 4:47.62 1:52.08	400m: 6:07.51 1:19.89				
18.	BRITO SANCHEZ, Maria	08	C.D. Tenis Valle De Aridane	<b>6:09.04</b>	-	10,00	2,00	367
	100m: 1:27.18 1:27.18	200m: 3:04.28 1:37.10	300m: 4:47.19 1:42.91	400m: 6:09.04 1:21.85				
19.	PEREZ CERVILLA, Carla	09	C.D. Nonadamos	<b>6:09.49</b>	-	9,00	1,00	366
	100m: 1:29.64 1:29.64	200m: 2:59.65 1:30.01	300m: 4:46.93 1:47.28	400m: 6:09.49 1:22.56				
20.	CASTILLO QUINTERO, Jenny Mariana	11	C.N. Las Palmas	<b>6:10.50</b>	7,00	-	-	363
	100m: 1:20.32 1:20.32	200m: 2:57.73 1:37.41	300m: 4:52.57 1:54.84	400m: 6:10.50 1:17.93				
21.	CEDRES ESPINOSA, Martina	09	Esna Lanzarote	<b>6:20.14</b>	-	8,00	-	336
	100m: 1:25.90 1:25.90	200m: 3:03.43 1:37.53	300m: 4:54.89 1:51.46	400m: 6:20.14 1:25.25				
NP	HERNANDEZ MARTIN, Carla	08	C.N. Teneteide		-	-	-	
Baja	CARDABA CASANOVA, Laura	10	C.N. Las Palmas		-	-	-	
Baja	PIÑERO STEGENSEK, Elisa	08	C.B. Dominicas Vistabella		-	-	-	